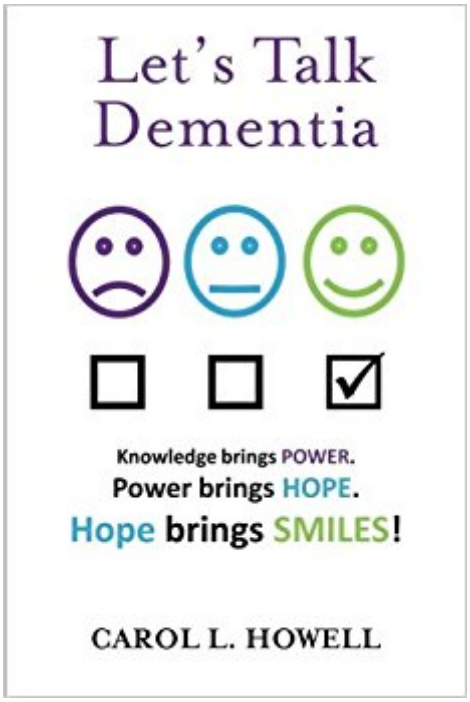
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Let's Talk Dementia: A Caregiver's Guide



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Synopsis

LetÃ¢â ¬â„¢s Talk Dementia! Carol Howell, a Certified Dementia Specialist and caregiver to her mother, helps to educate the reader on the various forms of dementia. She also provides hands-on tips that make life easier for the caregiver and better for the loved one with dementia. The book is scattered with Ã¢â ¬Å“smilesÃ¢â ¬Â• that brighten the day. The author reminds the readers of her mottoÃ¢â ¬â •Ã¢â ¬Â•Knowledge brings POWER. Power brings HOPE, and HOPE brings SMILES.Ã¢â ¬Â• YouÃ¢â ¬â„¢ve just got to laugh! Ã¢â ¬Å“LetÃ¢â ¬â„¢s Talk Dementia is an informative and reassuring guide that will help you through what, for many people, can seem like an overwhelming challenge. By making medical information easy to understand and providing practical tips for dealing with countless day-to-day situations, this handy book gives you everything you need.Ã¢â ¬Â• - Dr. Neal Barnard, MD, Best Selling Author and frequent guest on The Ellen DeGeneres Show, CBS Morning Show, and many others Ã¢â ¬Å“This is a well written book for the families affected by AlzheimerÃ¢â ¬â„¢s disease. It is easy to understand and provides excellent education and guidance to the caregivers in their struggle to manage their relatives. This should be a must read for anyone involved in AlzheimerÃ¢â ¬â„¢s care.Ã¢â ¬Â• - M. Reza Bolouri, MD Ã¢â ¬Å“Spot on advice from someone who knows dementia. If someone you love has dementia, you need this book.Ã¢â ¬Â• - Dr. Steve Oehme Published in connection with Hartline Literary Agency, serving the Christian book community. Visit us at www.hartlineliterary.com.

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Customer Reviews

Carol is a Certified Dementia Specialist and an Endorsed Music Therapy Coach. She works with families traveling the journey of dementia to help them gain information about the disease and to allow them to experience HOPE throughout the process. http://seniorlifejourneys.com/

When my literary agent suggested I read this book, I balked. The LAST topic I wanted to talk about--or read about--was dementia!But when a loved one showed signs of the onset of dementia, I took my agent’s advice--and surprised myself by the delight I took in this well-written, entertaining book.In her warm, converstational tone, Ms. Howell walks the reader through the various stages of dementia--using mostly her own experience with her mother. She offers expert, practical tips on how to manage your emotions and help your loved one through this horrible time. She’s even included jokes at the end of each chapter to help the reader see the lighter side. I so appreciate her caring, funny approach.If you only read one book to educate and aid you in helping a dementia victim, this is the one I recommend. Thank you, Ms. Howell, for opening your heart and our minds by talking about dementia!

This book has been a godsend for me and for my Dad as we struggle to understand the changes my mother is going through with Alzheimers. It is written in a such a way as to be readily understood and provides us with the peace of mind we need to deal with the rapid changes Mom is experiencing. I highly recommend it for others who are overwhelmed with simply dealing day to day with this situation and don’t have time or concentration to wade through pompously technical writings on the subject. Carol Howell hits just the right note based on her expertise on the subject and her personal experience with it.

It is okay. Some of it is written to be cute and light. And, anyone dealing with dementia needs l-i-g-h-t at times.As she says at the end of one chapter "Sometimes you just have to laugh" - yes, I suppose so. I don’t appreciate the feeling of this book although it provides a lot of useful information. I bought three books more or less at once. One can’t get enough education and perspective on this subject. The style of writing may appeal more to others. I don’t want to ’throw out the baby with the bath water’ - it is useful.

My 92 year old grandmother has been suffering from dementia for more than 3 years - I wish I had found this book much sooner! Even though I don’t live close enough to be a part of her everyday caregiving, I do get to visit often. I really learned a LOT from this book, and in simple terms I can

understand. Now knowing what the brain retains and what is loses makes it easier to understand and communicate with my grandmother. There are several techniques that I will use when I visit in a couple of weeks.Although the author's sense of humor is not exactly my style, I appreciate the effort and the smiley faces throughout the book.All in all, this is a great read, and a fairly easy read, with ideas and suggestions that can be put to use immediately - highly recommended reading!!

This book by Ms. Howell has been one of the greatest tools for dealing with a loved one suffering from dementia. Not only does she help clarify so many of the things we are going through, but she brings tenderness and humor to the situations in a way that helps me get through each day just a little better. The parts on dealing with someone in a nursing home has been so beneficial to me when visiting there, as I realize now a little better, just what is going through their minds, and how to reach out so much easier to them. Great job, and highly recommended as Ms. Howell knows her subject well.

This lady has done her homework and has plenty to tell us. I feel like I've learned a number of things. I will want to read this book again so as to work on making these better behaviors and attitudes a habit.This book is chock full of useful information and good suggestions on interacting with a person with dementia. There are things we would automatically say or do which would only make a situation worse. The author offers us better ways of interacting.Likewise there are attitudes we would automatically assume, but the author shows us how these attitudes do not help, and other attitudes that would make things better.It's easy and pleasant to read. And since dementia is such a difficult and sad topic, the author intersperses her writing with funny stories. It's important to be able to laugh and not have all our joy crushed out of us.And the Kindle price (as of January 1, 2014) can't be beat! You can't get a cup of coffee in a restaurant for ninety nine cents! This is $.99 well spent!

This book is aimed at the family and the caregivers for someone with dementia. It is written with a lot of compassion by someone who has gone through the experience herself. She also mixes in a bit of humor to lighten up the heavy topic. The book tells you the signs of various stages of dementia, it helps you understand what the person is going through, and how to be a more prepared caregiver.Ali Julia review

Great book!!! Lots of information and tips on day to day living with someone that has Dementia. Things like why they do or say things and how to respond along with explanations about Dementia.

Very easy to read and understand. I have a family member with Alzheimers type of Dementia and I found it quite helpful.

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